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## Meal Giveaway

Share with neighbors in need

## Tuesday November 25

Community Office of **Assembly Member** Rebecca Seawright 1485 York Avenue (78/79 Streets)

Thanksgiving-themed emergency meals provided by CityMeals on Wheels that do not require refrigeration or heating.

Pick up and deliver a package for a neighbor in need.

## **Thanksgiving Meal Kits** contain:

- 1 shelf-stable serving of sliced turkey breast with potatoes and gravy
- 1 can of cut sweet potatoes
- 1 cup of corn
- 1 can of cranberry sauce
- Applesauce
- 3 servings of instant nonfat dry milk
- Oatmeal cookies
- Decaf coffee packets
- Decaf tea bags



For more information or to sign up:

Call 212-288-4607 or email SeawrightR@NYAssembly.gov