

PARENTING CIRCLE A Supportive Space for Busy Parents

Parenting Circle offers a welcoming space for parents to reflect, share, and explore practical ways to create calmer, more intentional routines at home. Our guided discussions will help you reconnect with your values, foster balance, and routines, and recover what you imagine family life could feel like—even during daily challenges.

October 6 November 3 December 1
October 20 November 17 December 15

Sessions are held Mondays at 9:30 AM.

Parents with children under 6 years old are encouraged to attend all sessions, but individual session registration is an option.

Sessions are for parents with children younger than 6 years old. Attendance is limited to adults only.

About the Facilitator

Nathalia Jabur is an experienced and compassionate educator with a background in child development, communications, and literary studies. With over eight years of teaching and leading parenting groups, she brings clarity, empathy, and a focus on community-building.



PARENTING CIRCLE

Register now to reserve your spot!

25 seats available



53 East 79th Street, New York, New York 10075