



Senator Liz Krueger



Weill Cornell Medicine



NewYork-Presbyterian

# Mental Wellness

A Forum on Healthy Aging



Mental illness is prevalent in older adults, but it does not have to be part of the normal aging process. Identifying ways to keep older adults mentally well is critically important, and includes connecting individuals to care when needed.

Thursday | July 20th  
6pm–8pm

**Weill Cornell Medicine**  
**Uris Auditorium**

1300 York Avenue  
(btwn 68th & 69th Street)

State Senator Liz Krueger  
will moderate a discussion with:

- **Mark Lachs, MD, MPH**

Director of Geriatrics NewYork-Presbyterian

- **Jo Anne Sirey, PhD**

Professor of Psychology in Psychiatry  
Weill Cornell Medicine

- **Stacy Torres, PhD**

Assistant Professor of Sociology University of Albany

RSVP at <http://tinyurl.com/mentalwellnessforum> or by calling 212-490-9535