

## **WHAT IS CSA?**

Community Supported Agriculture (CSA) is a relationship of support and commitment between a farm and a community. CSA members purchase shares of the farm's entire growing season before the harvest begins. We then receive a share of the harvest throughout the season, grown and delivered by a farm they know and trust.

Payments from members enable the farm to cover yearly costs, almost all of which are incurred before the crops are ready for harvest. Because the farmers know that their crop is sold, they can concentrate on farming the best way they can rather than on marketing, sales, and accounting.

We get our vegetables from Stoneledge Farm, a certified organic farm in South Cairo, NY, about two hours north of the city. Other local products are also available. The CSA season runs from June until November. There are five pickup sites on the Upper East Side.

### ***Monday deliveries***

Jan Hus: 74th & 1st

Lexington: 87th & Lex

Mt. Sinai: 99th & Madison

### ***Tuesday deliveries***

Yorkville: 74th & York

East 88th: 88th & 1st

Carnegie Hill: 90th & 5th

Prices vary slightly by site, but average about \$550 for 24 deliveries of full vegetable shares. Fruit, coffee, mushroom, and many other products are also available.