

# Lenox Hill Hospital New Parents Support Group



Lenox Hill Hospital invites all new parents to join our free New Parents Support Group. Attendees will be given the opportunity to meet new parents, build confidence in their parenting skills, and decrease the feeling of isolation that can be associated with caring for a newborn.

**All are welcome and encouraged to attend.  
Babies are always welcome!**

Light refreshments will be provided.

Where: Hearth Room, Level 2, 130 E. 77<sup>th</sup> Street  
When: 11:00am – 12:00pm

Our New Parents Support Group is held on the first Thursday of every month.

---

For more information, please contact Patient Care Management at (212) 434-3060.

---

Supported by  
The Auxiliary of Lenox Hill Hospital