James G. Clynes Chairman

Latha ThompsonDistrict Manager



505 Park Avenue Suite 620 New York, N.Y. 10022 (212) 758-4340 (212) 758-4616 (Fax) www.cb8m.com Website info@cb8m.com - E-Mail

The City of New York Manhattan Community Board 8

HEALTH, SENIORS & SOCIAL SERVICES COMMITTEE

Brick Presbyterian Church 62 East 92nd Street (Park-Madison) Carnegie Room Tuesday, April 25, 2017 6:30PM

Agenda

1. Olga Rosario, Manhattan Outreach Counselor at Visiting Nurse Service of New York will do a presentation on the PEARLS Program. The **PEARLS Program** stands for **Program to Encourage Active Rewarding Lives**. It is an innovative no cost in home counseling program for homebound individuals that are 65 or older and are experiencing depression that teaches them methods to better manage their depression through problem solving techniques with physical and social activation over a 6 session period.

David Liston, Jacqueline Ludorf and Barbara Rudder, Health, Seniors & Social Services Committee Co-Chairs