



## The City of New York Manhattan Community Board 8

505 Park Avenue, Suite 620  
New York, N.Y. 10022-1106  
www.cb8m.com  
Nicholas D. Viest, Chair

Phone: (212) 758-4340  
Fax: (212) 758-4616  
info@cb8m.com - E-Mail  
Latha Thompson, District Manager

## Community Bulletin Board – September 2012

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT [www.cb8m.com](http://www.cb8m.com)

**Street Activity Permit Office (SAPO)** - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. SAPO will no longer accept paper applications. All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit [http://www.nyc.gov/html/cau/html/street\\_permitting/permit\\_and\\_events.shtml](http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml).

**The 19<sup>th</sup> Precinct Community Council** Please join us at the Community Council Meeting which will be held on **Monday, September 10, 2012**, at 7:00pm at the 19<sup>th</sup> Precinct, 153 East 67<sup>th</sup> Street (between Lexington and Third Avenues), Third Floor. Refreshments provided by Butterfield Market. For more information, contact the 19<sup>th</sup> Precinct Community Affairs at 212-452-0613 or [lynch19ca@aol.com](mailto:lynch19ca@aol.com). To be added to our email list please email us at: [info\\_19th\\_pct@aol.com](mailto:info_19th_pct@aol.com)

**East 79<sup>th</sup> Street Neighborhood Association** will meet on **Thursday, September 13, 2012**, at 6:00PM, City University of New York (CUNY), 535 East 80<sup>th</sup> Street, (Corner East End Avenue) First Floor Board Room. AGENDA: 19<sup>th</sup> Precinct Police Report on Neighborhood Safety; Guest Speakers are Reps From Offices of Our District's Elected Officials; Suggestions for Fall/Winter Meeting Topics. Next meeting is Oct. 11<sup>th</sup>. Meetings are free and open to the public.

**New York-Presbyterian Hospital/ Weill Cornell Medical Center CALLING ALL MEN! SAVE THE DATE** for the SIXTH ANNUAL FREE PROSTATE CANCER SCREENING for men over 40. MAKE TIME FOR YOURSELF. No Appointment Necessary. **Wednesday, September 19<sup>th</sup>**, 7:00AM - 5:00PM, Clinical and Translational Science Center (CTSC) Second Floor, F-260 (Payson Elevators) 1300 York Avenue (at 69<sup>th</sup> Street). Prostate Cancer Screening involves a PSA blood test and a prostate (DRE) exam. Sponsored by: The Department of Urology New York-Presbyterian Hospital/ Weill Cornell Medical Center, New York-Presbyterian Cancer Prevention Program Clinical and Translational Science Center (CTSC). For information & further details, call 212-746-5450. Visit [www.nyp.org/cancerprevention](http://www.nyp.org/cancerprevention) for free cancer screenings along with awareness events & walks throughout the year!

**Memorial Sloan-Kettering Cancer Center** invites community residents to attend the following free events: Memorial Sloan-Kettering's Resources for Life After Cancer is hosting a free educational support meeting on **Employment and Cancer Survivorship on Thursday, September 20** from 5:30 – 7:00 PM AT the Zuckerman Research Center, 410 East 69<sup>th</sup> Street, Room ZRC-105, between York & First Avenues. You must register to attend this presentation. To register and for more information please call 646-888-4740 or email [rlac@mskcc.org](mailto:rlac@mskcc.org). This program is for people who have been treated for cancer. No observers please, without prior approval. Join us for a **Webinar on Treatment Options for Ovarian Cancer on Monday, September 24** at 7:00 PM with MSKCC experts Dennis S. Chi, MD, FACOG, FACS and Katherine M. Bell-McGuinn, MD, PhD. To register, please visit <http://cancerconnect.com/ovarian-cancer-webchat/>. This program is for patients, healthcare professionals, and the general public.

**Madison Avenue Business Improvement District (BID)** will be hosting "Take Two on Madison," Madison Avenue's first restaurant event benefiting Citymeals-on-Wheels this **September**. This irresistibly delicious event will promote Madison Avenue as a premier Manhattan restaurant destination, and serve to raise awareness and needed funding for New York City's 31-year-old charitable institution, Citymeals-on-Wheels. "Madison Avenue's restaurant community has a long tradition of supporting New Yorkers in need," said Matthew Bauer, President of the Madison Avenue BID. "Take Two on Madison provides an opportunity for restaurant goers to visit their favorite Madison Avenue restaurant or discover a new gastronomic gem while at the same time aiding their fellow New Yorkers." "Citymeals was founded by people with legendary palates and even greater compassion," said Beth Shapiro, Executive Director of Citymeals-on-Wheels. "Partnering with Madison Avenue restaurants continues our tradition of pairing good food with caring generosity." Supporters can make a donation of \$64 to purchase a special Madison Avenue "Take Two" restaurant VIP pass via the charity's website, <http://www.citymeals.org/TakeTwo>. Madison Avenue "Take Two" restaurant VIP Pass-holders will be eligible to receive either 2 for 1 cocktails or 2 for 1 desserts at participating restaurants for the **month of September 2012**. Terms and conditions, as well as restrictions apply. Each \$64 donation supports an Emergency Food Package providing 77 non-perishable food items to a homebound elderly New Yorker who relies on Citymeals. One hundred percent of the proceeds from the VIP Pass will go towards the delivery of meals to the 16,500 homebound elderly New Yorkers who rely on Citymeals. The participating restaurants include: Amaranth – 21 East 62<sup>nd</sup> Street, Arabelle Restaurant – 37 East 64<sup>th</sup> Street, Bistro Chat Noir – 22 East 66<sup>th</sup> Street, Cafe Boulud – 20 East 76<sup>th</sup> Street, Caffe Grazie – 26 East 84<sup>th</sup> Street, Caravaggio – 23 East 74<sup>th</sup> Street, The Carlyle Restaurant – Madison at 76<sup>th</sup> Street, Crown – 24 East 81<sup>st</sup> Street, Nectar Restaurant – 1090 Madison Avenue, Nello – 696 Madison Avenue, The Post House – 28 East 63<sup>rd</sup> Street, Sant Ambroises Madison Avenue – 1000 Madison Avenue, Serafina Osteria – 38 East 58<sup>th</sup> Street, 3 Guys Restaurant – 960 Madison Avenue.

**CIVITAS** is pleased to announce that submissions from *Reimagining the Waterfront*, design-ideas competition for the East River Esplanade 60th-125th streets, will be exhibited at the Museum of the City of New York (1220 Fifth Avenue) **through October 28, 2012**. For more information, visit [www.reimaginethewaterfront-civitas.com](http://www.reimaginethewaterfront-civitas.com).

**Lenox Neighborhood House** is offering a Community Supported Agricultural (CSA) program this season in partnership with **Paisley Farm**, (<http://upstatefarmsny.com/home.html>) a 25-acre farm in Tivoli, NY owned and operated by Michael Kokas and Jan Greer.

Our goals are to serve our clients and the Upper East Side community and to support local sustainable agriculture in New York. Our relationship with Paisley Farm allows us to provide our very low-income clients with affordable high quality fresh fruits and vegetables at a very discounted price. Our CSA Season this year will run **through November**. Full Vegetable Shares will be \$580 for the season. Vegetable Shares will include 7-10 vegetable items (in varying sizes/amounts) each week. The cost of the full Vegetable Shares includes \$30 that has been allocated to help subsidize very low-cost shares for our low-income clients, specifically the parents of our ECC children and the Seniors we serve at both Senior Centers (these shares will be payable through food stamps and over an extended payment plan option). Also available from Paisley Farm through the Lenox Hill Neighborhood House CSA this year will be Fruit Shares \$290 for 17 weeks, Egg Shares \$105 for 22 weeks, Cheese Shares \$290 for 19 weeks, and even Pork Shares from local pasture raised pork ranging from \$275 to \$325 (Note- you must purchase a Vegetable Share or be splitting a vegetable share in order to access these other share options). Distributions will take place outside of our Center @ Lenox Hill Neighborhood House at 70th Street and 1st Avenue, Thursdays from 4-6:30pm. Each member will be asked to sign up for 1-2 volunteer times to assist with distribution which will take place in 1 ½ hour sessions between 3:30-6:30 on Mondays. To sign up for a share, go to Paisley Farm's CSA page on their website at <http://upstatefarmsny.com/paisleyfarm.html>. There you can fill in your information and choose the shares you want from the list above. The sign up page requires a check number to process the payment. Paisley Farm does not accept credit card payments directly since they do not have the capacity to do so at this point, but they can accept payment through Chase via Chase QuickPay if that is a better option for you. **Please feel free to reach out to Miles Crettien ([mcrettien@lenoxhill.org](mailto:mcrettien@lenoxhill.org)) if you have any questions.** You have the option of splitting a share, but this for the most part has to be organized by you (you can't purchase half shares directly from the farm). If you would like to split a share but don't have a partner let Miles know and he can potentially connect you to another member. **More information about workshop topics, volunteer sign-ups will be available on our Lenox Hill website ([www.lenoxhill.org](http://www.lenoxhill.org)).**

**92<sup>nd</sup> Street Greenmarket** is open on **Sundays, through December 23, 2012**, 9AM-5PM and will be collecting compost at 1<sup>st</sup> Avenue between East 92<sup>nd</sup> & 93<sup>rd</sup> Street. For a list of what is compostable and not compostable, folks should go to the Upper Green Side weekly newsletter: <http://thisweekatthemarket.wordpress.com/>.

**Met Council** is providing a free Home Health Aide (HHA) training and certification program. This 85 hour, New York State Department of Health approved course will take approximately one (1) month to complete. At the conclusion of the course, graduates will receive job placement assistance. Training courses will be ongoing through **December 2012**. Requirements for participation: Must be authorized to work in the United States of America. Must be able to read, write and speak English. Please be aware that this is a competitive training course and the seats are limited. For more information or to register for an information session please call (212) 453-9679.

**82nd Street Greenmarket** located at 82nd Street between 1st and York Avenues is open on **Saturdays, year- round**, 9AM to 3PM and - in addition to household batteries, #5 plastic, Britta filters, wine bottle corks, printer cartridges and old eye glasses - now collects fabric/clothing/hats/shoes/belts and compost from 9AM to 1PM. For a list of what's compostable, go to the Upper Green Side newsletter: <http://thisweekatthemarket.wordpress.com>.

**LawHelp/NY** ([www.LawHelp.org/NY](http://www.LawHelp.org/NY)) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site ([www.ayudalegalny.org](http://www.ayudalegalny.org)), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages - LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

**Age-friendly NYC College Link** is a new database connecting older adults with opportunities at New York City colleges and universities. Want to learn something new? Prepare for a second or third career? Enjoy free art exhibits and lecture series? Be among the first to try out **Age-friendly NYC College Link** ([www.agefriendlycollege.org](http://www.agefriendlycollege.org)), a new and free online searchable database that provides 'one-stop' shopping for educational and cultural opportunities at more than forty NYC-area colleges and universities. Now for the first time, older adults can easily find and connect to offerings from many different schools, including discounted and free non-credit courses, programs developed specifically for older adults, campus performances and lecture series, and job training and certificate programs. **Age-friendly NYC College Link** is being developed through **Age-friendly NYC**, a joint venture of the Office of the Mayor, the City Council and the New York Academy of Medicine that is dedicated to making New York City the place for healthy aging. For more information, click [www.agefriendlycollege.org](http://www.agefriendlycollege.org)).

**Legal Information for Families Today (LIFT)** Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit [www.LIFTonline.org](http://www.LIFTonline.org).

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - [www.hunter.cuny.edu/babysitting](http://www.hunter.cuny.edu/babysitting)

**The Day Care Council of New York, Inc.** is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email [jpinkos@dccnyinc.org](mailto:jpinkos@dccnyinc.org).

**Crime Victim Services** is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

*Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or [info@cb8m.com](mailto:info@cb8m.com).*