



The City of New York Manhattan Community Board 8

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Community Bulletin Board – October 2015

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

The **19th Precinct Community Council** will hold its monthly meeting on **Monday, October 5th at 7PM** at the 19th Precinct, 153 East 67th Street, 3rd floor. Guest Speaker: To Be Announced. Refreshments by Butterfield Market. For more information call: Community Affairs Office: 212-452-0613. Email address: info_19th_Pct@aol.com. Facebook: www.facebook.com/19thpctcc

In honor of Pregnancy and Infant Loss Awareness Month, **Lenox Hill Hospital** invites you to join us for an interfaith memorial service in memory of your baby. **Tuesday, October 13, 2015**, Hearth Room, Lenox Hill Hospital, 100 East 77th Street, New York, NY 10075, 7:00PM-8:30PM. To RSVP, please contact the Perinatal Bereavement Support Committee at (212) 434-3933. E-mail mpietracatella@nshs.edu Light refreshments will be served. Closing thoughts 8:30PM.

The East Sixties Neighborhood Association (ESNA) is hosting a Traffic and Public Safety Forum on **Tuesday, October 13**. Panelists include the members of the NYPD Traffic Control Division, the NYC Department of Transportation and the 19th Precinct Community Affairs officers. From 6:00 to 8:00 PM at the Mt. Vernon Museum & Hotel Auditorium, 417 East 61st Street (bet. York & 1st Aves.). Refreshments, door prizes, everyone welcome!

New York-Presbyterian Hospital and Weill Cornell Medicine Health & Wellness Seminar Series. **October 13th**, *Healthy Aging to Prevent Alzheimer's: Latest Research and a Patient's Story* Richard S. Isaacson, M.D., Max Lugavere, Patient. **October 20th**, *Diabetes and the Diabetic Eye: Understanding the Disease from a Multidisciplinary Approach* Jason C. Baker, M.D., Charles W. Mango, M.D., Joy Pape, F.N.P.-C., C.D.E. **October 27th**, *Get Your ZZZ's: Tips on a Good Night's Sleep for Optimal Health* Daniel A. Barone, M.D. **November 10th**, *Food Allergies and Nutrition: Was it Something I Ate?* Amina H. Abdeldaim, M.D., M.P.H., Alexandra L. Weinstein, R.D., C.D.N. Time: All seminars will take place from 6:30pm to 8pm. Place: All seminars held at Uris Auditorium, Weill Cornell Medical College, 1300 York Avenue (at 69th St.) All Seminars are FREE and open to the public. For more information please call 212-821-0888.

The East 79 Street Neighborhood Association will meet **Thursday, October 15 at 6:00pm**, at **Temple Shaaray Tefila, 250 East 79 Street** (Entrance on Second Avenue). Agenda: **19 Precinct Police Safety Report** on neighborhood safety including vehicle, bike and pedestrian accident stats; **Guest Speaker:** NYC Council Member Ben Kallos; Elected Officials/Reps Updates and Reports. **Free and Open to the Public.**

Memorial Sloan Kettering invites community residents to attend the following free CancerSmart talk: **Tuesday, October 27**, *The ABCs of Brain Tumors: From Biology to Treatment*. CancerSmart talk will take place from 6:00 to 7:30 PM in the auditorium of the Rockefeller Research Laboratories building, 430 East 67th Street. You can also watch via webcast. Please call 212-639-3074 or visit www.cancersmart.org to register for programs and to sign up to receive webcast details.

94th Street Greenmarket Grand Re-Opening!! **Sundays, through – November 22nd:** First Avenue between 94th & 96th Street, 9am-5pm; Compost Collection – 9am-1pm. All of our old farmer/baker/fisherman/dairy friends and their fresh, locally grown produce, baked goods, milk, yogurt, cheese, cider and fabulous seafood from the 92nd market... A mere 2 blocks further north (while there's construction at Isaacs/Holmes)!! See you there!!

82nd Street/St. Stephen's Greenmarket Saturdays Year Round: 82nd Street between First and York, 9am-2pm; Compost & Clothes Collection – 9am-1pm; Our City's most successful small market with its all-star line-up of Bread Alone, Valley Shepherd, American Seafood, Ballard Honey, Floral Beauty Greenhouses, Samascott, Gajeski, Rising Sun, Alewife, Cherry Lane, Ole Mother Hubbert and Garden of Spices Farms! Plus, most warm-weather Saturdays, there's live acoustical music and Master Knife Sharpener Barbara Hess tabling to tend to your cutlery.

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps, group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.