



The City of New York Manhattan Community Board 8

505 Park Avenue, Suite 620
New York, N.Y. 10022-1106
www.cb8m.com
Jacqueline Ludorf, Chair

Phone: (212) 758-4340
Fax: (212) 758-4616
info@cb8m.com - E-Mail
Latha Thompson, District Manager

Community Bulletin Board – October 2011

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) – You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

The 19th Precinct Community Council will hold its Community Council Meeting on **Monday, October 3, 2011**, at 7:00pm at the 19th Precinct, 153 East 67th Street (between Lexington and Third Avenues). For more information, contact the 19th Precinct Community Affairs at 212-452-0613 or lynch19ca@aol.com.

Iris Cantor Women's Health Center of Weill Cornell Medical College presents Health Education Seminars. *Sleep: How to Get a Better Night's Rest* by Matthew Ebben, PhD on **October 6, 2011**, *Robotic Surgery in Gynecology: Is it Really Better for the Patient?* by Tirsit Asfaw, MD, Divya Gupta, MD and Kevin Holcomb, MD on **October 24, 2011**. Time: 6:15PM-7:15PM, Location: Weill Greenberg Center, 1305 York Avenue @ E 70th St, 2nd Floor, RSVP: 212-821-0971 or womenshealth@med.cornell.edu

Memorial Sloan-Kettering Cancer Center's 65+ Program presents a free community event health fair – *Let's Talk About It: Sexuality, Intimacy, Aging, and Cancer* – on **Tuesday, October 11, 2011**, 11:30 AM to 1:30 PM, at 1275 York Avenue, Room M-107. Memorial Sloan-Kettering exhibitors include Geriatric Medicine, Social Work, Sexual Medicine Program, Psychiatry, Pharmacy, Sexual Health Program, Integrative Medicine, Rehabilitation Therapy, and Dermatology. No reservations necessary. For more information, please call 646-888-4741.

Ronald O. Perelman Heart Institute of NY-Presbyterian Weill Cornell Medical Center presents the Women's Heart Program, *Go Active and Stay Active!* by Gail L. Flanagan, MS, RD on **Wednesday, October 12, 2011** at the Griffis Faculty Club, 525 East 69th Street (York Avenue). To register call 1-877-NYP-WELL (1-877-697-9355). Light refreshments will be served.

East 79th Street Neighborhood Association will meet on **Thursday, October 13, 2011** at 6:00PM, City University of New York (CUNY), 535 East 80th Street, (East End Avenue) First Floor Board Room. Agenda: 19th Precinct Police Report on Neighborhood Safety; Brief update on 78th St./East River Bridge Work; Brief update on John Jay Park Adult Space; Elected Officials/Reps Reports. **All meetings are free and open to the public.**

New York-Presbyterian Hospital and Weill Cornell Medical College Health & Wellness Seminars present *Reversing Type 2 Diabetes: Surgical and Innovative Interventions* by Louis J. Aronne, M.D., F.A.C.P. and Francesco Rubino, M.D. on **October 18, 2011** and *Stroke Recovery: New Hope for Survivors* by Michael W. O'Dell, M.D. and Joel Stein, M.D. on **October 25, 2011**. All seminars begin at 6:30PM and are held at the Uris Auditorium, Weill Cornell Medical College, 1300 York Avenue (at 69th St.). For more information or if you require a disability-related accommodation, call 212-821-0888. All seminars are FREE and open to the public.

Council Member Jessica Lappin & The Visiting Nurse Services of New York is sponsoring FREE FLU SHOTS. Who: People 50 years and older. When: **Thursday, October 20th, 2011** Where: St. Stephen of Hungary Parish, 414 East 82nd Street (between 1st and York Avenue.) Time: 10:00 a.m. to 1:00 p.m. APPOINTMENTS ARE REQUIRED! Please contact Taina Prado at 212-980-1808 or email tp Prado@council.nyc.gov to schedule an appointment. Space is limited, so call as soon as possible to ensure availability.

Evelyn H. Lauder Breast Center and Memorial Sloan-Kettering Imaging Center in honor of Breast Cancer Awareness Month is having a free community event, "Knowledge Is Power: Breast Cancer Awareness Fair" on **Thursday, October 20, 2011** and **Friday, October 21, 2011**, 10:00 AM – 4:00 PM, at 300 East 66th Street (between First and Second Avenues). Participating Memorial Sloan-Kettering programs include the Integrative Medicine Service, the Tobacco Cessation Program, Nursing, Social Work, Nutrition, and the Clinical Genetics Service.

Ogden CAP Properties, LLC is seeking eligible persons to submit applications so that they may be added to the list of moderate income qualified applicants, should they meet the requirements. **The New York State Housing Finance (HFA) Rental Housing Program reserves 20% of apartments at Normandie Court, located on East 95th Street at 2nd Avenue, for moderate income households.** Moderate income households are defined as individuals and families whose income is 80% of the Metropolitan Area Median Income, as established by the HFA. Normandie Court I – individuals and families must have a total annual income ranging from \$51,060 and \$63,350 and meet additional requirements for occupancy based on family size, composition, and credit history. Normandie Court II - individuals and families must have a total annual income ranging from \$32,757-\$44,350 (1 person household), \$34,040-\$50,700 (2 person household), \$35,535-\$57,050 (3 person household), or \$38,716-\$63,350 (4 person household), and meet additional requirements for occupancy based on family size, composition, and credit history. If interested please contact **Retha Fort, Ogden CAP Properties, LLC, Moderate Income Program, 888 7th Ave., Suite 600, New York, NY 10019, 212-468-0229.**

The 92nd STREET GREENMARKET 92nd Street and First Avenue, **Open Sundays, 9am – 5pm.** American Seafood, Stannard Farms, Meredith's Bakery, Norwich Meadows, the Gonzales and Phillips Farms will all be with us this season.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.