



## The City of New York Manhattan Community Board 8

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## Community Bulletin Board – December 2013

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT [www.cb8m.com](http://www.cb8m.com)

**Street Activity Permit Office (SAPO)** - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit [http://www.nyc.gov/html/cau/html/street\\_permitting/permit\\_and\\_events.shtml](http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml).

**The 19<sup>th</sup> Precinct Community Council** Please join us at the December Holiday Party of the 19<sup>th</sup> Precinct Community Council which will be held on **Monday, December 2, 2013**, at 7:00pm at the Church of the Holy Trinity Auditorium, 316 East 88<sup>th</sup> Street. Program: Holiday Party and Annual Awards. For more information, contact the 19<sup>th</sup> Precinct Community Affairs at 212-452-0613 or [Helms19ca@aol.com](mailto:Helms19ca@aol.com). To be added to our email list please email us at: [info\\_19<sup>th</sup>\\_pct@aol.com](mailto:info_19th_pct@aol.com)

**Memorial Sloan-Kettering Cancer Center's Resources for Life after Cancer** presents two free programs for cancer survivors: *Finding Meaning In and After the Cancer Experience: A Discussion for Survivors* on **December 3** from 5:30 – 7:00 PM at the Rockefeller Research Laboratories, 430 East 67th Street, between First and York Avenues, Room 117. This talk will be led by Memorial Sloan-Kettering's Wendy Lichtenhal, PhD, Clinical Psychologist. *Acupuncture in Cancer Care* on **December 11** from 5:30 - 7:00 PM at the Rockefeller Research Laboratories, 430 East 67th Street, between First and York Avenues, Room 116. This talk will be led by Theresa Affuso, LAc, of Memorial Sloan-Kettering's Integrative Medicine Service, and will cover the value of acupuncture for the management of pain, fatigue, dry mouth, hot flashes, anxiety, and insomnia, specifically in patients who are post-treatment. Registration is required for these programs. Please call 646-888-4740 or e-mail [rlac@mkcc.org](mailto:rlac@mkcc.org).

**The East 79 Street Neighborhood Association** will meet on **Thursday, December 12, 6pm**, at **80 St Residence, 430 E. 80 St., (York-1st Aves) Auditorium**. Agenda includes 19 Precinct Police Report; Special Guests: To be announced; Elected Officials' Report. Free and open to the public.

**Yorkville Chapter of AARP** will hold their next monthly meeting on **Thursday, December 12, 2013**, at Immanuel Lutheran Church, 1296 Lexington Avenue between 87<sup>th</sup> and 88<sup>th</sup> Street, at 1PM. Meetings are held on the second Thursday of each month (except July and August) and includes speakers addressing health, community, safety, social, and economic issues relating to New Yorkers living in or near the upper east side of Manhattan. All seniors are welcome to become members and get involved in Chapter projects. The speaker for the December 12<sup>th</sup> meeting is Theresa Drescher, Executive Director of City Santa. For more information, call: [917-573-3296](tel:917-573-3296).

**82nd Street Greenmarket** located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

**Gray Matters** is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit [www.graymattersnyc.org](http://www.graymattersnyc.org) to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at [info@graymattersnyc.org](mailto:info@graymattersnyc.org) briefly describing your specific need or needs and indicate how and when we should contact you.

**LawHelp/NY** ([www.LawHelp.org/NY](http://www.LawHelp.org/NY)) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site ([www.ayudalegalny.org](http://www.ayudalegalny.org)), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

**Legal Information for Families Today (LIFT)** Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit [www.LIFTonline.org](http://www.LIFTonline.org).

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - [www.hunter.cuny.edu/babysitting](http://www.hunter.cuny.edu/babysitting)

**The Day Care Council of New York, Inc.** is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email [jpinkos@dccnyinc.org](mailto:jpinkos@dccnyinc.org).

**Crime Victim Services** is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

*Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or [info@cb8m.com](mailto:info@cb8m.com).*