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The City of New York Manhattan Community Board 8

HEALTH, SENIORS & SOCIAL SERVICES COMMITTEE

HOSPITALS FORUM Lenox Hill Hospital 130 East 77th Street (Lexington-Park) Michael Bruno Conference Room Thursday, March 20, 2014 6:30PM

Community Board Members Present: David Liston, Jackie Ludorf, Ellen Polivy, Hattie Quarnstrom **Public Members Present**: Jeffrey Ascheman

The first speaker was Dennis Conners, Executive Director of Lenox Hill Hospital. He provided us with several of the statistics regarding the Hospital, and then an update of interesting things that are happening at Lenox Hill Hospital.

The second speaker was Jody Scopa Goldman, MS., RN, Education Specialist at the Ronald Perelman Heart Institute at New York Presbyterian Hospital. Ms. Goldman discussed and demonstrated "Hands Only CPR." Below are the step-by-step hands on CPR procedure.

The first step in the process is to make the scene is safe. Tap and shout, "Are you OK?" If there is no reaction from the person call for help. If you are not alone tell someone to call 911. If you are alone call 911 before you start CPR and put the phone on speaker. Make sure the person is on a hard flat surface. Place the heel of one hand on the lower half of the breast bone between the nipple line. Place the heel of one hand on top of the first hand interlace fingers.

Push hard and fast, push straight down 2 inches deep. Push at least 100 times a minute. Continue CPR until the patient responds, someone who knows CPR comes to assist you, or EMS arrives.

The third speaker was Amy Porter-Tacoronte, M.B.A., V. P. of Oncology & Radiology Hospital Operations at Mount Sinai Hospital who presented on their Cancer Program. She discussed the merger between Continuum Health Partners and the Mount Sinai Health System and gave some facts and figures. She detailed all the Cancer Centers and where they are located. She then detailed the patient focused programs at the Ruttenberg Treatment Center and the current programs and support groups at the Center. She also discussed the current programs and support groups at the Dubin Breast Cancer Center.

The fourth and final speaker was Phillip Cooke, Associate Director of Operations at Metropolitan Hospital who made a presentation on the Hospital's Orthopedic Surgery Program. Metropolitan Hospital is part of the New York City Health and Hospitals Corporation (HHC). He presented the Orthopedic Surgery team and then discussed the types of surgery done at Metropolitan Hospital. They have clinics that operate on Mondays through Friday and they also offer extensive physical therapy.

David Liston and Jackie Ludorf Chair, Health, Seniors, and Social Services Committee