

City of New York Parks & Recreation

John Jay Park

E. 77th Street & Cherokee Place

GET A LEG UP ON FITNESS SENIOR AEROBICS

Spring Schedule

April 25th – June 17th



Body Fitness

Monday & Wednesday

10:00am-11:00am

Yoga

Tuesday & Friday

10:00am-11:00am



City of New York
Parks & Recreation
Michael R. Bloomberg, Mayor
Adrian Benepe, Commissioner

For more information call @ (212) 408-0275
For information on other Parks programs
contact 311 or visit www.nyc.gov/parks